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# ALDH1B1 links alcohol consumption and diabetes



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## ABSTRACT

Aldehyde dehydrogenase 1B1 (ALDH1B1) is a mitochondrial enzyme sharing 65% and 72% sequence identity with ALDH1A1 and ALDH2 proteins, respectively. Compared to the latter two ALDH isozymes, little is known about the physiological functions of ALDH1B1. Studies in humans indicate that ALDH1B1 may be associated with alcohol sensitivity and stem cells. Our recent *in vitro* studies using human ALDH1B1 showed that it metabolizes acetaldehyde and retinaldehyde. To investigate the *in vivo* role of ALDH1B1, we generated and characterized a global *Aldh1b1* knockout mouse line. These knockout (KO) mice are fertile and show overtly good health. However, ethanol pharmacokinetic analysis revealed ~40% increase in blood acetaldehyde levels in KO mice. Interestingly, the KO mice exhibited higher fasting blood glucose levels. Collectively, we show for the first time the functional *in vivo* role of ALDH1B1 in acetaldehyde metabolism and in maintaining glucose homeostasis. This mouse model is a valuable tool to investigate the mechanism by which alcohol may promote the development of diabetes.

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## 1. Introduction

The superfamily of aldehyde dehydrogenases (ALDHs) are involved in the metabolism of a wide range of endogenous and exogenous aldehydes [1]. ALDH enzymes play diverse but physiologically important roles, as evidenced by the variety of human diseases associated with mutations in *ALDH* genes [2]. The human *ALDH1B1* gene encodes a mitochondrial protein (ALDH1B1), previously known as ALDH<sub>x</sub> or ALDH5 [3], which is 72% and 65% identical to mitochondrial ALDH2 and cytosolic ALDH1A1 proteins, respectively. ALDH1B1 is abundantly expressed in the liver, small intestine and testes, and to a lesser extent in other tissues, including the pancreas and colon [4].

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To date, the physiological function of ALDH1B1 is largely unknown. We have previously reported that human ALDH1B1 is the second most efficient enzyme ( $K_m = 55 \mu\text{M}$ ) at oxidizing acetaldehyde after ALDH2 ( $K_m = 3.4 \mu\text{M}$ ) [4]. This biochemical feature of ALDH1B1 is suggestive of a potential role in ethanol metabolism. In line with this notion, human studies have identified *ALDH1B1* polymorphisms to be associated with symptoms of acetaldehyde toxicity including ethanol hypersensitivity, hypertension and ethanol aversion in Caucasian populations [5,6], where the well-studied ALDH2\*2 variant is nearly absent [7]. In addition to its acetaldehyde metabolic effects, ALDH1B1 has the catalytic capacity for oxidation of retinaldehyde [8], which is supportive of ALDH1B1 playing a role in the differentiation and development of normal and cancer stem cells [9]. In this context, we have observed that ALDH1B1 is expressed specifically in the stem cell compartment in the normal colon and is drastically induced in human colon cancerous tissues [10]. In another study, we have found that ALDH1B1 is strongly expressed in the early pancreatic buds in developing mice [11]. With further development and differentiation, strong ALDH1B1 expression remains confined exclusively to tips and the trunk of the pancreatic epithelium and persists only in centroacinar-like cells by the time of birth [11]. In adult mice, ALDH1B1-expressing cells expand dramatically in the pancreas

following acute experimental ablation of acinar or  $\beta$  cell populations [11]. Taken together, these findings indicate a role for ALDH1B1 in pancreatic development and regeneration. As such, ALDH1B1 may influence the functional integrity of pancreas tissue, and thereby impact glucose homeostasis.

In this current study, we generated a mouse line with global disruption of the *Aldh1b1* gene through gene targeting. Utilizing this knockout (KO) mouse model, we explored the *in vivo* role of ALDH1B1 in ethanol metabolism and glucose homeostasis.

## 2. Materials and methods

### 2.1. Chemicals

All chemicals and reagents were purchased from Sigma–Aldrich (St. Louis, MO) unless otherwise specified.

### 2.2. Preparation of targeting construct and generation of *Aldh1b1*(–/–) KO mice

Details about the targeting construct and targeting procedures can be found in the [Supplementary Materials](#). The *Aldh1b1*(–) allele has been backcrossed into the C57BL/6J background for >10 generations. All studies were carried out in accordance with the University of Colorado Anschutz Medical Campus Institutional Animal Care and Use Committee (IACUC).

### 2.3. Southern blot and PCR analysis

Details on Southern blotting and PCR screening of successfully targeted ES clones can be found in the [Supplementary Materials](#). Genotyping in offspring was performed by PCR analysis using tail genomic DNA. The *Aldh1b1*(+) wild-type allele was detected using forward primer 5'-ACACTGCAACAGGAGGACCAAGAA-3' and reverse primer 5'-ACATGCCCAATGACCTCACCT-3', generating a 429 bp product. The *Aldh1b1*(–) KO allele was detected using same forward primer as (+) allele and reverse primer 5'-TTAAACGCGGCCCAATTGT-3', generating a 200 bp product.

### 2.4. Reverse transcription and quantitative real time PCR (qRT-PCR)

Total RNA from selected tissues was extracted using TRI reagent and further purified with an RNeasy Mini Kit (Qiagen, Valencia, CA). cDNA was synthesized using the Maxima First-Strand cDNA Synthesis kit (Fisher Scientific Inc., Waltham, MA). qRT-PCR reactions were carried out using the Power SYBR Green Master Mix (Applied Biosystems Inc., Foster city, CA). Expression of  $\beta$ -2 microglobulin (B2M) was used for normalization of  $C_T$  data according to the  $2^{-\Delta\Delta C_T}$  method [12]. The mRNA level of examined genes in WT mice was set as the control (= 1), and relative mRNA levels are expressed as fold of control. Data are reported as the mean  $\pm$  S.E. from three to four animals. Details on primer sequences used in qRT-PCR reactions can be found in the [Supplementary Materials](#).

### 2.5. Western blot analysis

Western immunoblotting was performed using tissue whole-cell homogenates and mitochondrial extractions as previously described [13]. Primary antibodies were used at a dilution of 1:5000 for rabbit polyclonal anti-ALDH1B1 [4]. Protein bands were visualized using a chemiluminescence imaging system (PerkinElmer Life and Analytical Sciences, Waltham, MA).

### 2.6. Histological and immunohistochemical (IHC) analysis

Tissues were fixed in 4% paraformaldehyde, dehydrated in graded ethanol solutions, and embedded in paraffin. Tissue sections (5 microns thick) were cut, deparaffinized, rehydrated, and processed for hematoxylin and eosin (HE), IHC and periodic acid-Schiff (PAS) staining. IHC staining was performed using the TSA Biotin System Kit (PerkinElmer, Waltham, MA). A dilution of 1:750 was used for all primary antibodies, including rabbit polyclonal anti-ALDH1B1 [4], mouse monoclonal anti-insulin and anti-glucagon (Abcam, Cambridge, MA), and mouse monoclonal anti-Ki-67 (Sigma–Aldrich, St. Louis, MO). HRP-conjugated secondary antibodies were used at a 1:500 dilution. Immunoreactive signals were visualized using a DAB or AEC substrate kit (Vector laboratories, Burlingame, CA). PAS staining was performed according to the standard protocol.

### 2.7. Glucose tolerance test (GTT)

Twelve-wk old WT and KO male mice ( $n = 6$ ) were fasted overnight with water available *ad libitum*. Mice were anesthetized with isoflurane anesthesia before collecting blood from the tail vein. After administration of 15% sterile D-glucose (1.5 g/kg, i.p.), blood was sampled from a tail nick immediately ( $t = 0$ ) and 15, 30, 60 and 120 min thereafter. Blood glucose levels were determined using a glucometer (OneTouch Ultra, One Touch). The area under the curve (AUC) in the glucose concentration–time curve was calculated using SigmaPlot software (SPSS Inc., Chicago, IL). Given that the fasting blood glucose levels were different in KO mice at the time of glucose administration, the AUC was calculated using the increase in glucose (relative to  $t = 0$  levels) at each time point.

### 2.8. Ethanol pharmacokinetics study

Eight-wk old WT and KO mice ( $n = 6$ ) were matched for body weight and administered with a single dose of 20% ethanol (5 g/kg, i.p.). Blood was collected at 0, 1, 3 and 24 h later by cardiac puncture and was immediately mixed with 2 $\times$  volume of ice-cold 1.7 N perchloric acid (PCA) solution to prevent the spontaneous formation of acetaldehyde. Following centrifugation at 15,000 $\times$  g for 10 min at 4  $^{\circ}$ C, de-proteinized supernatants were assayed immediately for ethanol and acetaldehyde concentrations by gas chromatography-mass spectrometry (GC–MS) as previously described [14,15]. Details about the GC–MS procedures can be found in the [Supplementary Materials](#). The concentrations of ethanol (mM) and acetaldehyde ( $\mu$ M) were calculated by plotting against respective standard curves. The total area under the curves (AUCs) in the concentration–time curves were calculated using SigmaPlot software (SPSS Inc., Chicago, IL).

### 2.9. Statistical analysis

All quantitative experiments were performed at least in triplicate. Data are expressed as means  $\pm$  S.E. Statistical significance was determined using Student's unpaired t-test using SigmaStat Statistical Analysis software (SPSS Inc., Chicago, IL).  $P < 0.05$  was considered to be significant.

## 3. Results

### 3.1. Generation of global ALDH1B1 KO mice

The targeting construct was designed to disrupt exon2 (2 Kb) of the *Aldh1b1* gene, resulting in the removal of the complete coding region of the *Aldh1b1* gene ([Supplementary Fig. 1A](#)). Independent

ES clones harboring successful homologous recombination were confirmed by Southern blotting and PCR analysis (Supplementary Fig. 1B). Intercrossing of *Aldh1b1*(+/-) offspring generated from chimeric breeding produced *Aldh1b1*(+/+) (WT) and *Aldh1b1*(-/-) (KO) littermates (Supplementary Fig. 1C). As expected, *Aldh1b1* KO mice do not express ALDH1B1 protein in the tissues that were examined, including liver, small intestine and colon, by Western immunoblotting (Fig. 1A) and IHC (Fig. 1B) analyses. The rabbit polyclonal anti-ALDH1B1 antibody [4] used in these analyses cross-reacted with a lower molecular weight peptide, which was unrelated to ALDH1B1 and appeared to exist in the mitochondria of the liver but not of the other two tissues (Fig. 1A). The identity of this peptide is unknown. In WT mice, ALDH1B1 was detected by immunohistochemistry in the bottom of the crypts of the small intestine and colon, but was lacking in KO mice (Fig. 1B). This pattern of ALDH1B1 expression in intestinal tissues is consistent with what we reported in human tissues [10]. Loss of ALDH1B1 expression in the liver and colon did not cause any compensatory changes in the messenger levels of *Aldh1a1* and *Aldh2* (Fig. 1C).

Phenotypically, *Aldh1b1* KO mice display a growth curve that is no different from that of WT mice (Supplementary Fig. 2). Both KO male and female mice are fertile and show overtly good health. Histological analysis of tissues revealed no notable morphological

abnormalities among any of the examined organs including liver (data not shown), small intestine, colon, rectum, lung, testes, and uterus (Supplementary Fig. 3).

### 3.2. ALDH1B1 KO mice display normal cell proliferation and differentiation in the colon

We did not observe any notable histological abnormalities in the colon tissue of KO mice (Supplementary Fig. 3). Cellular proliferation and differentiation were examined by immunohistochemistry for Ki-67 and PAS, markers of cellular proliferation and secretory goblet cells, respectively. We did not find any differences in the intensity or extent of Ki-67 immunohistochemistry in KO mice relative to WT mice (Fig. 2A). Similarly, there were no differences in the number of goblet cells in colon crypts in WT mice relative to KO mice (Fig. 2B).

### 3.3. ALDH1B1 KO mice show disrupted glucose homeostasis

Histological analysis revealed the pancreas of KO and WT mice to be similar (data not shown). Interestingly, KO mice exhibited a 60% increase in the fasting blood glucose levels (Fig. 3A). However, when challenged with GTT, KO mice exhibited normal glucose tolerance (Fig. 3B), as indicated by no differences in the area under the glucose concentration–time curve (AUC) between KO and WT mice after normalization with respective glucose levels at  $t = 0$  (Fig. 3C). These results are suggestive of a disruption in glucose homeostasis in KO mice during fasting only. We then examined pancreatic islets architecture and number by IHC staining for insulin and glucagon. When compared with WT mice, we did not observe any difference in the intensity of insulin or glucagon immunohistochemistry (Fig. 3D) or in the numbers of insulin-/glucagon-positive cells in the pancreatic islets of KO mice (data not shown).

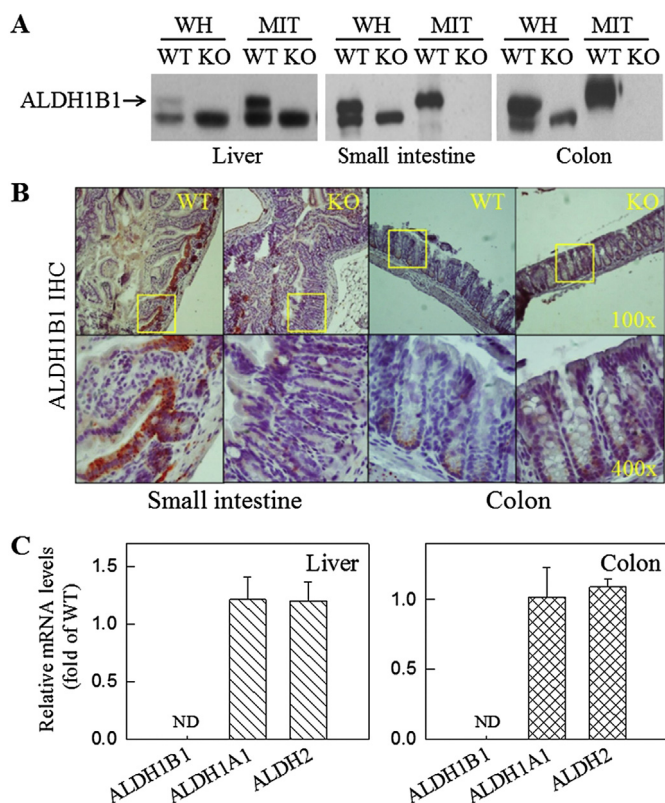
### 3.4. ALDH1B1 KO mice exhibit decreased clearance of blood acetaldehyde

We explored the impact of ALDH1B1 ablation on ethanol metabolism using an ethanol pharmacokinetics assay (Fig. 4). Following a single intra-peritoneal dose of ethanol (5 g/kg), ethanol and acetaldehyde concentrations were determined in blood samples obtained 0, 1, 3 and 24 h thereafter. Representative chromatograms of ethanol and acetaldehyde are shown in Fig. 4A. A best fit second order polynomial function was used to generate calibration curves for ethanol and acetaldehyde (Fig. 4B). KO and WT mice exhibited similar levels of ethanol following the ethanol administration (Fig. 4C). However, blood acetaldehyde levels were higher in KO mice than WT mice at 3 and 24 h following ethanol administration; this resulted in a ~40% increase in the AUC of the acetaldehyde concentration–time curve (Fig. 4D).

## 4. Discussion

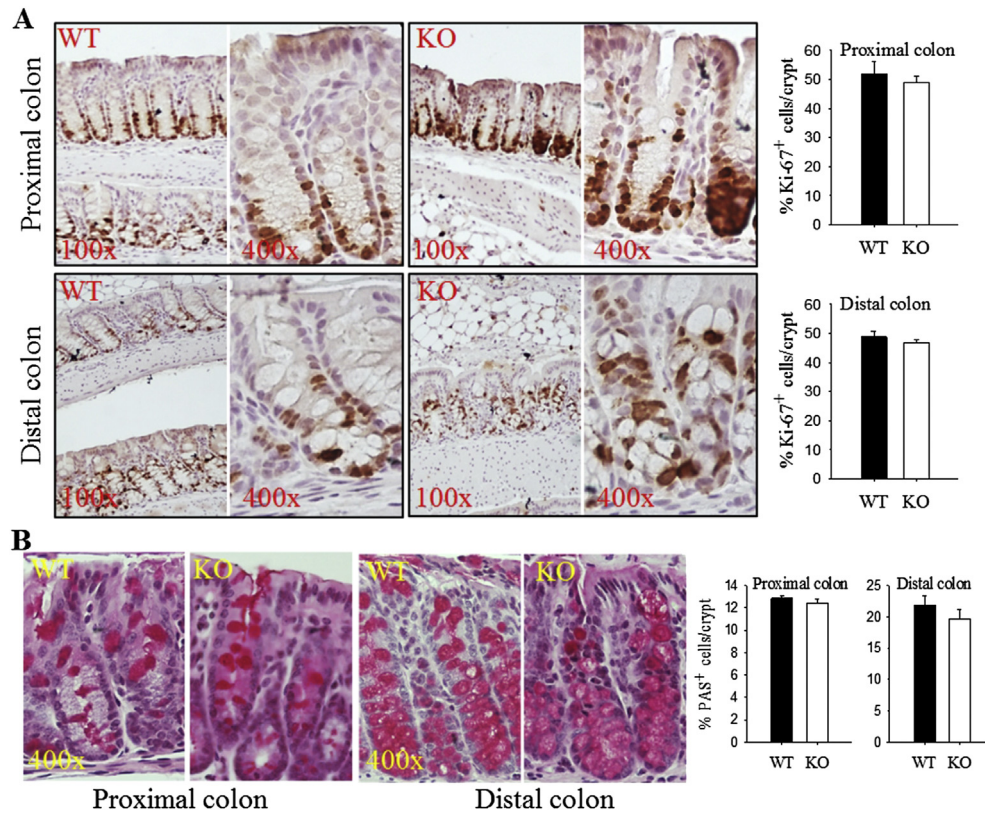
In this study, through gene targeting, we have successfully generated a global knockout mouse strain for ALDH1B1. The *Aldh1b1* KO mice show normal growth and fertility and are in overtly good health, indicating ALDH1B1 as being dispensable for development and survival. In addition, we observed no compensatory changes in the expression of the highly related *Aldh2* or *Aldh1a1* genes in the liver and colon (and likely other tissues) from *Aldh1b1* KO mice.

Several studies have linked ALDH1B1 with normal and cancer stem cells of the colon. Specifically, ALDH1B1 expression has been found to localize in the stem cell compartment of the normal colon



**Fig. 1.** Loss of ALDH1B1 expression in ALDH1B1 KO mice. (A) Western blotting detection of ALDH1B1 protein in whole-cell homogenates (WH) and mitochondrial extractions (MIT) from liver (10  $\mu$ g), small intestine (10  $\mu$ g) and colon tissues (40  $\mu$ g). The rabbit polyclonal anti-ALDH1B1 antibody appeared to cross-react with an unknown lower molecular weight peptide. (B) Immunohistochemical (IHC) detection of ALDH1B1 in mouse small intestine and colon tissue sections. Cells at the crypt base showed ALDH1B1 immunoreactivity in WT but not in KO mice. Representative images are presented at two magnifications, with the square field in the top panel (100 $\times$ ) enlarged in the bottom panel (400 $\times$ ). (C) qRT-PCR detection of mRNAs of ALDH1B1, ALDH1A1 and ALDH2 in liver and colon tissues. Relative mRNA levels were expressed as fold of control (WT = 1) after normalization with  $\beta$ -2 microglobulin (B2M). Data are presented as mean + SE from 4 mice. ND, not detectable.

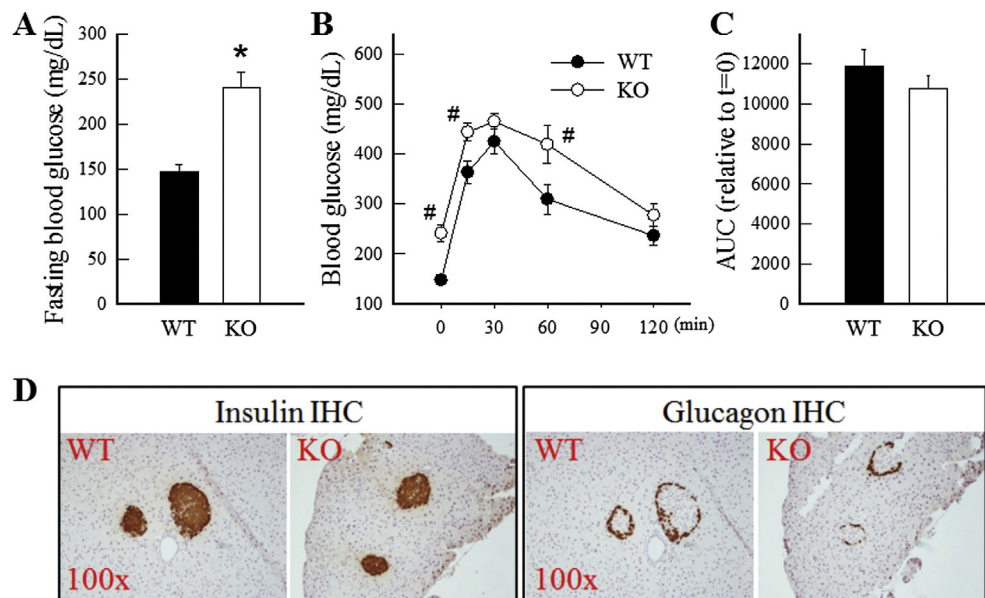




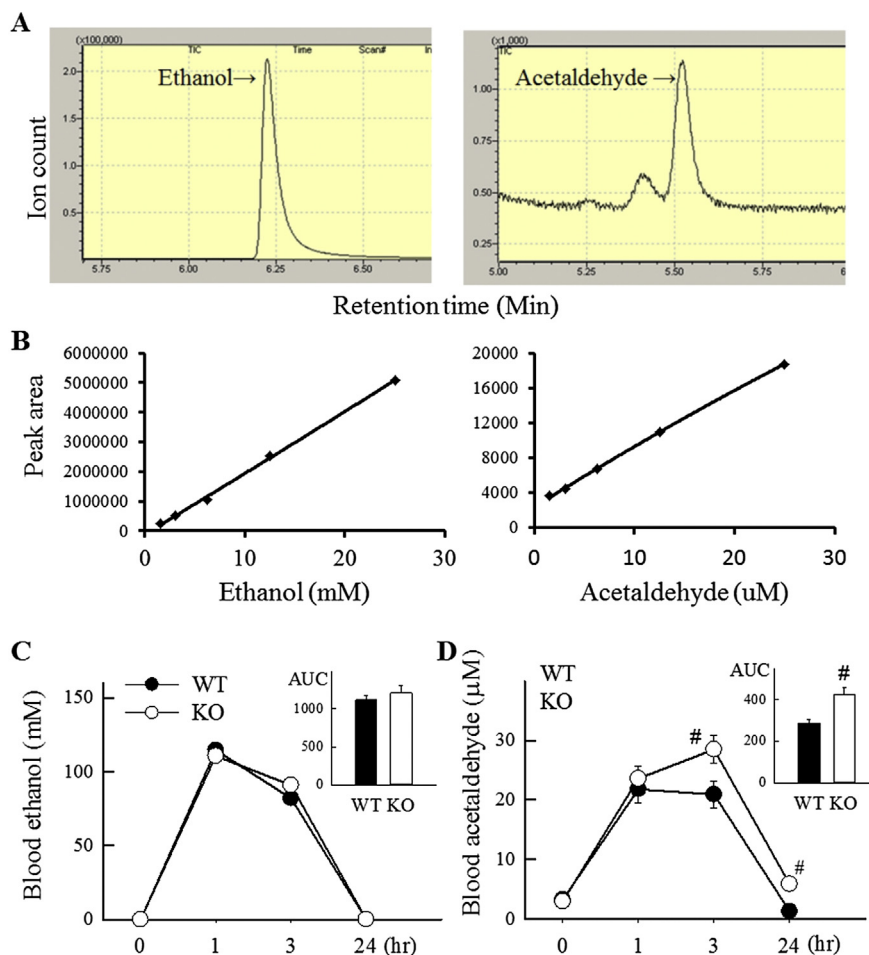
**Fig. 2.** *Aldh1b1* KO mice show normal cell proliferation and differentiation in the colon. (A) Cell proliferation in proximal and distal colon tissues in wild-type (WT) and *Aldh1b1* KO (KO) mice was assessed by IHC staining for proliferation marker Ki-67. Representative images are presented at two magnifications, 100 $\times$  and 400 $\times$ . Ki-67<sup>+</sup> cells were quantified in the proximal and distal colon and reported as % of total cells per crypt. (B) Cell differentiation in proximal and distal colonic crypts was assessed using periodic acid-Schiff (PAS) staining for mucus-secreting goblet cells. Images are presented at 400 $\times$  magnification. PAS<sup>+</sup> cells were quantified in the proximal and distal colon and reported as % of total cells per crypt. Bars represent mean  $\pm$  SEM from 3 mice.

and ALDH1B1 has been postulated to be a biomarker for human colon cancer [10]. In more recent studies, high ALDH1B1 expression has been found to correlate with poor prognosis in colorectal cancer patients [16,17]. The *Aldh1b1* KO mice exhibit normal

histomorphology of the colon and show no dysregulated cell proliferation and/or differentiation in the colon. These results suggest that ALDH1B1 is not an essential cellular regulator in this tissue under physiological conditions. In contrast, our recent study has



**Fig. 3.** ALDH1B1 KO mice show higher fasting blood glucose levels and normal glucose tolerance. Blood glucose levels were determined in overnight fasted WT and KO mice under basal conditions (A) and at various times after administration of glucose (1.5 g/kg body weight, i.p.) (B). \* $P$  < 0.05, compared to WT. # $P$  < 0.05, compared to WT levels at the same time-point. (C) Area under the curve (AUC) was calculated after normalization relative to the levels of glucose at  $t = 0$  for each genotype group. Data represent mean  $\pm$  SE from 6 mice. (D) Immunohistochemical (IHC) staining for insulin and glucagon in pancreas tissue sections. Representative images are presented at 100 $\times$  magnification.



**Fig. 4.** Pharmacokinetics of ethanol and acetaldehyde in ALDH1B1 KO mice. (A) Representative total ion chromatogram and selected ion monitoring profile of the blood samples for ethanol and acetaldehyde. Ion structure was set at 45 and 46 m/z for ethanol and 29, and 43 m/z for acetaldehyde. (B) Standard curves for ethanol and acetaldehyde measurement. (C) Blood ethanol and (D) acetaldehyde levels at 0, 1, 3 and 24 h following a single ethanol dose (5 g/kg body weight, i.p.). The area under the curve (AUC) was estimated for ethanol and acetaldehyde and presented as an inset, #P < 0.05, compared to WT levels at the same time-point.

provided experimental evidence in support of an important role of ALDH1B1 in colon tumorigenesis [18]. In that study, ALDH1B1 knockdown in colon cancer cells using short hairpin RNA (shRNA) inhibited spheroid formation in culture and xenograft growth in mice [18]. Thus, the *Aldh1b1* KO mouse model may serve as a valuable tool to examine the *in vivo* role of ALDH1B1 in colon tumorigenesis as well as understanding the molecular mechanisms involved in the process.

High ALDH activity has been used to isolate putative progenitor cells from the centroacinar compartment of the adult mouse pancreas. These cells are capable of generating endocrine and exocrine cells in culture [19]; however, the specific ALDH isozyme(s) contributing to this activity have not been identified due to the lack of specificity of the Aldefluor® assay [20]. Recently, we have found that (i) ALDH1B1 expression is enriched in progenitor pools for the acinar and endocrine cells in both embryo and adult pancreas [11], and (ii) ALDH1B1 is abundantly expressed in human pancreatic cancer and it contributes to proliferation in these tumor cells [21]. Collectively, our studies suggest that ALDH1B1 may be a key regulator of stem cell/progenitor status during pancreas development, regeneration and likely carcinogenesis. Given the important role played by the pancreas in regulating glucose homeostasis, we investigated whether genetic ablation of ALDH1B1 may affect blood glucose. In the present study, *Aldh1b1* KO mice

showed disrupted glucose homeostasis, characterized by elevations in fasting blood glucose and a normal response to exogenously-applied glucose. In addition, the pancreatic islets in the *Aldh1b1* KO mice were indistinguishable from those of WT mice in displaying normal histomorphology and comparable numbers of insulin- and glucagon-positive cells. Circulating levels of insulin and glucagon and insulin sensitivity in *Aldh1b1* KO mice were not investigated in the present study. Hence, the cause of the elevated fasting glucose levels in KO mice have not been identified. Certainly, the precise molecular mechanisms underlying the disrupted glucose homeostasis due to the loss of ALDH1B1 warrants further investigation.

In the mouse, ALDH1B1 is most highly expressed in the liver and parts of the small intestine, i.e., ileum and jejunum [4]. Such a pattern of expression is similar to that of ALDH2, the principal acetaldehyde-metabolizing enzyme [4,22]. Despite having normal levels of ALDH2, *Aldh1b1* KO mice exhibit a greater (~40%) accumulation of blood acetaldehyde following an acute dose of ethanol. This result corroborates our previous *in vitro* study showing that ALDH1B1 is second only to ALDH2 in oxidizing acetaldehyde, and indicates that ALDH1B1 plays a functionally significant role in acetaldehyde clearance *in vivo*. This finding may have clinical implications given that several functional polymorphisms of *ALDH1B1* gene have been identified in the human population [8]. Alcohol

hypersensitivity has been observed in carriers of the ALDH1B1\*2 variant [5], which metabolizes acetaldehyde at a slower rate than wild-type ALDH1B1 [8].

Alcohol abuse is one of the major etiological factors for a variety of pancreatic disorders, including pancreatitis and diabetes [23,24]. Numerous studies have demonstrated that ethanol and acetaldehyde exert deleterious effects on pancreatic exocrine and endocrine cells [25,26]. The observations that ALDH1B1 metabolizes acetaldehyde *in vivo* and likely plays a role in maintaining glucose homeostasis provide for a potentially pivotal role of ALDH1B1 in the link between alcohol consumption and diabetes. Similarly, it is well established that chronic alcohol consumption is a strong risk factor for colon cancer [21]. Given that ALDH1B1 plays an active role in acetaldehyde metabolism and mediates oncogenic effects in colon cancer cells, it may be proposed that suppressed ALDH1B1 activity due to genetic variations would be associated with a high incidence of alcohol-related colon cancer. Thus, it is intriguing to speculate that carriers of certain human *ALDH1B1* polymorphisms may represent a sub-population that is highly susceptible to alcohol-associated diseases. Future disease-association studies in the human population are warranted.

In summary, using our global *Aldh1b1* KO mouse model, we show for the first time that ALDH1B1 participates *in vivo* in ethanol-derived acetaldehyde metabolism and glucose homeostasis. The *Aldh1b1* KO mouse model therefore represents a useful and timely *in vivo* model for future studies aimed at understanding the functional roles of ALDH1B1 in human diseases, particularly those associated with alcohol abuse, including diabetes and cancer.

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## Appendix A. Supplementary data

Supplementary data related to this article can be found at <http://dx.doi.org/10.1016/j.bbrc.2015.06.011>.

## Transparency document

Transparency document related to this article can be found online at <http://dx.doi.org/10.1016/j.bbrc.2015.06.011>.

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